



SHUA 2025

Leading the Way in Product Excellence



STAY HEALTHY , UNLOCK ABILITY
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EASY WAY OF FITNESS

When fitness turns to science and ease,
It lifts our spirit, it helps us seize.
Through simple ways to health we strive,
In motion's grace, we come alive.

With every step, with every flow,
Beyond the simple, we start to grow.
Science and simplicity lead the way,
Transforming us each passing day.

A dark gray silhouette of a person in a running pose, positioned on the left side of the frame. The figure is facing right, with its right leg forward and arms in a running motion. The background is a solid dark gray.

COMMERCIAL CARDIO

Versatility Beyond Limits

S2+ Premium Commercial Treadmill



SH-T9100T

S2+ Premium Commercial Treadmill

Product Positioning:

Premium Commercial Use

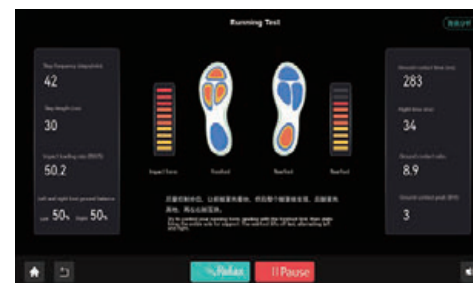
Target Scenarios:

Premium fitness clubs, commercial gyms, personal training studios, large corporate gyms, private home gyms, performance training centers, and military or police fitness facilities



Dynamic Adaptive Running Deck

The S2+ New Variable Resistance Treadmill adopts air pressure dynamic running feel control technology, offering six running feel modes: rubber track, cement pavement, soft soil, asphalt pavement, flat grassland, and intelligent adaptation. With a one-click quick switch, it provides a more tailored running experience for different runners.



Scientific Gait Monitoring

The S2+ features an intelligent sensing treadmill that continuously monitors running posture data, including impact force, left-right foot balance, cadence, stride length, and ground contact-to-air time ratio. It provides runners with guidance for posture optimization, supporting scientific running.



Laser Safety Shield

The S2+ utilizes ToF (Time of Flight) laser distance sensing technology, combined with ST's third-generation FlightSense algorithm. It features automatic stain calibration and resistance to glass cover interference. The system can monitor whether the runner is within a safe zone. If the runner exceeds the safe range, it triggers a safety alert sound to ensure exercise safety.

A New System for an Elevated Experience

S2 Series Exercise Bike



SH-B9100ET
Commercial Elliptical



SH-B9100UT
Commercial Upright Bike



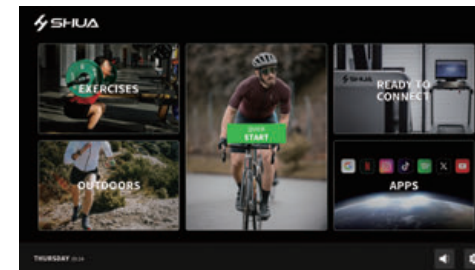
SH-B9100RT
Commercial Recumbent Bike

Product Positioning:

Premium Commercial Use

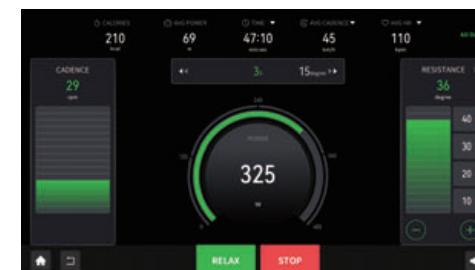
Target Scenarios:

Premium fitness clubs, commercial gyms, personal training studios, large corporate gyms, private home gyms, performance training centers, and military or police fitness facilities



Commercial Touchscreen Operating System 2.0

The upgraded Commercial Fitness Operating System 2.0 delivers enhanced functionality, featuring an extensive range of built-in fitness programs. The system now includes advanced features such as workout guidance, activity tracking, and performance rankings, catering to diverse fitness needs within gyms and training facilities.



Redesigned UI for Seamless Interaction

The newly designed user interface (UI) focuses on user needs, visual aesthetics, intuitive interaction, and responsive design. The result is a user-friendly, visually appealing interface that makes navigation effortless and functionality accessible. Every interaction is smooth and natural, ensuring a premium user experience.



Convenient Wireless Charging

Say goodbye to tangled cords and cumbersome charging cables. The S2 Series introduces wireless charging, allowing users to charge their devices effortlessly while focusing on their workout. This eco-friendly feature minimizes cable waste and aligns with sustainable practices, ensuring convenience without compromise.

Elevate Your Fitness Potential

V9 Stair Climber



SH-S890I

V9 Stair Climber

Product Positioning:
Premium Commercial Use

Target Scenarios:
Premium fitness clubs, commercial gyms, large corporate gyms, performance training centers, and military or police fitness facilities



Reluctance Motor System

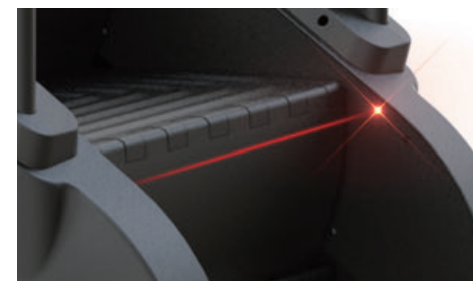
Equipped with a highly efficient magnetic resistance motor, the V9 delivers exceptional power output. Its advanced design enhances performance during startup and acceleration, offering swift responsiveness and energy efficiency for an optimized workout experience.

*Images are for reference only; actual products may vary.



Versatile Training Modes

The V9 Stair Climber offers 15 built-in training modes to cater to diverse user needs:
6 Pre-set Modes: Designed for guided workouts.
3 User Modes: Customized for personal training goals.
3 Heart Rate Modes: Adapt to the user's real-time heart rate.
3 Countdown Modes: Includes time, calories, and height countdown options. These options provide flexibility and precision to meet the training demands of various fitness enthusiasts.



Infrared Safety Sensors

The V9 is equipped with rear infrared safety sensors on the steps. In cases where the user is unable to keep pace and begins to slip back, the system automatically halts the machine, reducing the risk of injury and ensuring a safe workout environment.

The Power Behind Every Step

V9 Commercial Treadmill



SH-T8919T22

V9 Commercial Treadmill

Product Positioning:

Premium Commercial Use

Target Scenarios:

Premium fitness clubs, commercial gyms, personal training studios, large corporate gyms, private home gyms, performance training centers, and military or police fitness facilities



Commercial Power Inside

Powered by an F-grade commercial motor, the SH-T8919T22 delivers strong, stable performance for both everyday training and high-intensity workouts. Built for durability and efficiency, it ensures smooth operation—whether you're logging long runs or sprinting at full speed. Consistent power, session after session.

*Images are for reference only; actual products may vary.



Wireless Charging, Always Powered

Stay charged with the built-in wireless charging module. Whether you're streaming videos, enjoying music, or tracking your workout data, your device stays powered—so you can stay in the zone and elevate every run.

No more tangled cables or low-battery anxiety—just smooth, uninterrupted workouts.



Cushion Every Step

Equipped with a multi-point shock absorption system across the entire running deck, the T8919T22 offers exceptional stability and impact reduction. Supporting up to 180kg, it provides a strong, reliable base for every stride. The full-deck cushioning design helps minimize knee impact, delivering a safer, smoother running experience from start to finish.

COMMERCIAL STRENGTH



Empowering Strength with Intelligent Precision

PowerCore System



SH-G9801

PowerCore System Chest Press



SH-G9806

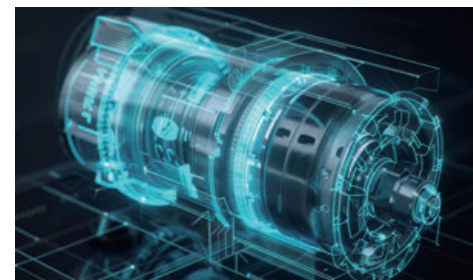
PowerCore System Leg Extension

Premium Commercial Equipment

Target Scenarios:

High-end commercial gyms, large corporate fitness centers

Planned Launch: May 2025 (The series will feature six stations, rolling out progressively through 2025.)



Servo Intelligent System

Equipped with a state-of-the-art servo intelligent system, this innovation features unparalleled precision, high reliability, and seamless control. Powered by servo motors, it delivers immediate response with no inertia, ensuring resistance accuracy for a cutting-edge strength training experience.

*Images are for reference only; actual products may vary.



Comprehensive Performance Testing

The servo intelligent system enables users to measure four key metrics: range of motion, maximum load, output power, and muscle endurance. These insights help users better understand their physical capabilities and tailor their training plans accordingly.



Exceptional Training Experience

With six resistance modes and 14 advanced training programs, including customizable options, this system caters to diverse training needs. One machine offers a multitude of possibilities, ensuring a dynamic and versatile workout experience.

Classic Innovation, Beyond the Summit

88 series



88 series

Product Positioning:

Premium Commercial Equipment

Target Scenarios:

High-end clubs, commercial gyms, personal training studios, large corporate fitness centers



Developed by Elite Experts

The General Series represents a collaboration between SHUA's R&D team and world-class bodybuilding champions. Each piece of equipment is meticulously designed based on extensive ergonomic studies and biomechanical principles, ensuring precise motion paths for maximum training efficiency.



Cutting-Edge Manufacturing Excellence

As an industry pioneer, the General Series introduces laser-engraving technology for surface detailing on plastic components—a premium process that enhances durability and aesthetics. Each brushed finish undergoes 30 rounds of meticulous polishing, delivering a refined texture that elevates the ambiance and prestige of any gym.



Optimized Training Mechanism

The motion paths are engineered to align with human biomechanics, ensuring stable and uniform resistance across the entire range of motion and varying angles. This design guarantees safe and effective workouts, maximizing training results with precision.

Only a selection of products is shown below; more functional stations will be continuously updated.



SH-G8801 / Chest Press



SH-G8804 / Low Row



SH-G8823 / Abductor



SH-G8824 / Adductor



SH-G8821 / Lateral Raise



SH-G8822 / Rotary Torso



SH-G8825 / Biceps Curl



Empowering Strength with Intelligent Precision

69 Series



SH-G6911

Rear Kick



SH-G6917

ISO-Inclined Bench Press



SH-G6918

ISO-Horizontal Bench Press



SH-G6919

ISO-Inclined Flight Machine



SH-G6920

Belt Squat



SH-G6921

T Bar Row

Versatile Powerhouse Command the Floor

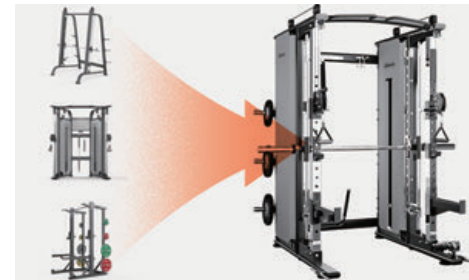
68 Series Multi-Functional Trainer



SH-G6825 / Multi-Functional Trainer



SH-G6892 / Lat Pulldown/Seated Row



Three-in-One Efficiency

Owning the SHUA G6825 is like having three machines in one: a Smith Machine, a Cable Crossover, and a Power Rack. With this all-in-one design, the trainer supports over a hundred exercises, meeting a wide range of workout needs with a single unit.



Diverse Training Support

Equipped with a variety of essential attachments, the G6825 ensures flexibility and versatility for diverse training routines, enabling users to tackle multiple exercise regimens effortlessly.



Online Coaching Integration

With a simple scan of the WeChat QR code, users gain access to professional training videos. It's like having a personal trainer for every machine, ensuring a safe, guided, and effective workout experience.

Precision Adjustment for Optimal Hip Thrusts

89 Series Glute Trainer



SH-G8919
Iso-Lateral Linear Leg Press



SH-G8927
Iso-Lateral Lat Pulldown



SH-G8928
Glute Trainer

Product Positioning:

Athletic Performance Equipment

Target Scenarios:

Commercial gyms, performance training centers, military and police training facilities



Dual-Adjustable Design for Maximum Flexibility

The dual-adjustable seat cushions cater to users of various body types, ensuring optimal support during workouts. This design enhances comfort and precision, allowing users to perform exercises with accurate force distribution.



Elevated Footplate for Extended Range

The raised footplate design promotes a greater range of motion and consistent resistance throughout the movement, maximizing training efficiency and results.



Soft Padded Training Bands for Comfort

The trainer features soft-padded training bands that gently conform to the body, providing a comfortable and ergonomic workout experience.



68 SERIES

68 Series integrates user-friendliness, space-saving design, exceptional durability, and ergonomic excellence, which is perfect for beginners who just embarking on their strength training journey.



Space-saving Design

Every product of 68 Series is crafted with a compact, space-saving design. Even in the limited space of your fitness facility, you can still discover a multitude of unparalleled equipment layout options that go beyond your expectations.



Unmatched Durability

68 Series is meticulously crafted from high-quality alloys and steel, which could withstand the rigorous demands of daily use.



Craftsmanship Excellence

68 Series exemplifies our dedication to superior craftsmanship by seamlessly integrating advanced welding techniques, ensuring optimal safety, stability, and enhanced visual appeal in our products.

SH-G6801

CHEST PRESS

Dimensions:

1470 x 1380 x 1850 mm

57 x 54 x 73 in

Net Weight:

240 kg / 529 lbs

Gross Weight:

301 kg / 663 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6802

PECTORAL FLY

Dimensions:

1350 x 1345 x 1545 mm

53 x 53 x 61 in

Net Weight:

237 kg / 522 lbs

Gross Weight:

295 kg / 650 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6805

LATERAL RAISE

Dimensions:

1286 x 1130 x 1545 mm

51 x 44 x 61 in

Net Weight:

215 kg / 474 lbs

Gross Weight:

270 kg / 595 lbs

Weight Stack:

80 kg / 176 lbs



SH-G6806

LAT PULLDOWN

Dimensions:

1410 x 1160 x 1880 mm

56 x 46 x 74 in

Net Weight:

220 kg / 485 lbs

Gross Weight:

280 kg / 617 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6803

SEATED ROWING

Dimensions:

1505 x 1160 x 1545 mm

59 x 46 x 61 in

Net Weight:

225 kg / 496 lbs

Gross Weight:

275 kg / 606 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6804

SHOULDER PRESS

Dimensions:

1560 x 1350 x 1545 mm

61 x 53 x 61 in

Net Weight:

265 kg / 584 lbs

Gross Weight:

355 kg / 783 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6807

BICEPS CURL

Dimensions:

1585 x 1305 x 770 mm

62 x 51 x 30 in

Net Weight:

188 kg / 414 lbs

Gross Weight:

246 kg / 542 lbs

Weight Stack:

60 kg / 132 lbs



SH-G6808

TRICEPS PRESS

Dimensions:

1195 x 1130 x 1545 mm

47 x 44 x 61 in

Net Weight:

208 kg / 458 lbs

Gross Weight:

245 kg / 540 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6809

SEATED LEG PRESS

Dimensions:

1770 x 1160 x 1545 mm

70 x 46 x 61 in

Net Weight:

255 kg / 562 lbs

Gross Weight:

330 kg / 727 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6810

LEG EXTENSION

Dimensions:

1206 x 1121 x 1545 mm

47 x 44 x 61 in

Net Weight:

235 kg / 518 lbs

Gross Weight:

305 kg / 672 lbs

Weight Stack:

100 kg / 220 lbs



SH-G6815

REAR KICK

Dimensions:

1206 x 1096 x 1545 mm

47 x 43 x 61 in

Net Weight:

167 kg / 368 lbs

Gross Weight:

215 kg / 474 lbs

Weight Stack:

60 kg / 132 lbs



SH-G6816

ABDOMINAL

Dimensions:

1440 x 1050 x 1688 mm

57 x 41 x 66 in

Net Weight:

275 kg / 606 lbs

Gross Weight:

345 kg / 761 lbs

Weight Stack:

100 kg / 220 lbs



SH-G6812

PRONE LEG CURL

Dimensions:

1595 x 1100 x 1545 mm

63 x 43 x 61 in

Net Weight:

216 kg / 476 lbs

Gross Weight:

255 kg / 562 lbs

Weight Stack:

100 kg / 220 lbs



SH-G6813

PECTORAL FLY/REAL DELTOID

Dimensions:

1210 x 940 x 2045 mm

48 x 37 x 81 in

Net Weight:

242 kg / 533 lbs

Gross Weight:

290 kg / 639 lbs

Weight Stack:

100 kg / 220 lbs



SH-G6817

BACK EXTENSION

Dimensions:

1460 x 985 x 1545 mm

57 x 39 x 61 in

Net Weight:

211 kg / 465 lbs

Gross Weight:

270 kg / 595 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6818

TORSO ROTATION

Dimensions:

1530 x 1340 x 1545 mm

60 x 53 x 61 in

Net Weight:

200 kg / 441 lbs

Gross Weight:

245 kg / 540 lbs

Weight Stack:

80 kg / 176 lbs



SH-G6819

ABDUCTOR/ADDUCTOR

Dimensions:

1325 x 1330 x 1545 mm

52 x 52 x 61 in

Net Weight:

240 kg / 529 lbs

Gross Weight:

295 kg / 650 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6820

FUNCTIONAL TRAINER

Dimensions:

940 x 1660 x 2240 mm

37 x 65 x 88 in

Net Weight:

395 kg / 871 lbs

Gross Weight:

445 kg / 981 lbs

Weight Stack:

2 x 100 kg / 2 x 220 lbs



SH-G6823

SEATED LEG CURL/EXTENSION

Dimensions:

1300 x 1090 x 1545 mm

51 x 43 x 61 in

Net Weight:

285 kg / 628 lbs

Gross Weight:

345 kg / 761 lbs

Weight Stack:

100 kg / 220 lbs



SH-G6824

SHOULDER PRESS/UPPER CHEST

Dimensions:

1872 x 1263 x 1544 mm

74 x 50 x 61 in

Net Weight:

235 kg / 518 lbs

Gross Weight:

295 kg / 650 lbs

Weight Stack:

90 kg / 198 lbs



SH-G6821

HIP THRUST BENCH

Dimensions:

1898 x 1206 x 445 mm

75 x 48 x 18 in

Net Weight:

120 kg / 265 lbs

Gross Weight:

170 kg / 375 lbs



SH-G6822

SEATED BICEPS CURL/TRICEPS PRESS

Dimensions:

1385 x 1020 x 1545 mm

55 x 40 x 61 in

Net Weight:

190 kg / 419 lbs

Gross Weight:

235 kg / 518 lbs

Weight Stack:

60 kg / 132 lbs



SH-G6825

MULTI-FUNCTIONAL TRAINER

Dimensions:

2074 x 1931 x 2327 mm

81 x 76 x 92 in

Net Weight:

425 kg / 937 lbs

Gross Weight:

505 kg / 1113 lbs

Weight Stack:

2 x 100 kg / 2 x 220 lbs



SH-G6851

ASSIST DIP/CHIN

Dimensions:

1425 x 935 x 2375 mm

56 x 37 x 94 in

Net Weight:

310 kg / 683 lbs

Gross Weight:

365 kg / 805 lbs

Weight Stack:

135 kg / 298 lbs



SH-G6852

ADJUSTABLE CABLE CROSSOVER

Dimensions:

3775 x 925 x 2290 mm

149 x 36 x 90 in

Net Weight:

345 kg / 761 lbs

Gross Weight:

395 kg / 871 lbs

Weight Stack:

2 x 90 kg / 2 x 198 lbs



SH-G6853

SMITH MACHINE

Dimensions:

2185 x 1535 x 2485 mm

86 x 60 x 98 in

Net Weight:

165 kg / 364 lbs

Gross Weight:

180 kg / 397 lbs



SH-G6856

OLYMPIC WEIGHT TREE

Dimensions:

810 x 791 x 983 mm

32 x 31 x 39 in

Net Weight:

19 kg / 42 lbs

Gross Weight:

23 kg / 51 lbs



SH-G6857

ADJUSTABLE BENCH

Dimensions:

1362 x 620 x 440 mm

54 x 24 x 17 in

Net Weight:

40 kg / 88 lbs

Gross Weight:

45 kg / 99 lbs



SH-G6854

SQUAT RACK

Dimensions:

1840 x 1670 x 1840 mm

72 x 66 x 72 in

Net Weight:

85 kg / 187 lbs

Gross Weight:

92 kg / 203 lbs



SH-G6855

ADJUSTABLE DUMBBELL BENCH

Dimensions:

1660 x 600 x 440 mm

65 x 24 x 17 in

Net Weight:

48 kg / 106 lbs

Gross Weight:

53 kg / 117 lbs



SH-G6858

BACK EXTENSION

Dimensions:

1175 x 805 x 800 mm

46 x 32 x 32 in

Net Weight:

43 kg / 95 lbs

Gross Weight:

65 kg / 143 lbs



SH-G6859

SEATED ARM CURL

Dimensions:

1095 x 800 x 970 mm

43 x 32 x 38 in

Net Weight:

51 kg / 112 lbs

Gross Weight:

61 kg / 134 lbs



SH-G6868

PULLEY ROW

Dimensions:

1830 x 990 x 1770 mm

72 x 39 x 70 in

Net Weight:

225 kg / 496 lbs

Gross Weight:

270 kg / 595 lbs

Weight Stack:

120 kg / 264 lbs



SH-G6871

OLYMPIC FLAT BENCH

Dimensions:

1206 x 1096 x 1545 mm

47 x 43 x 61 in

Net Weight:

48 kg / 106 lbs

Gross Weight:

55 kg / 120 lbs



SH-G6874

LINEAR LEG PRESS

Dimensions:

2050 x 1000 x 1469 mm

81 x 39 x 58 in

Net Weight:

200 kg / 441 lbs

Gross Weight:

220 kg / 485 lbs



SH-G6876

UTILITY BENCH

Dimensions:

875 x 507 x 882 mm

34 x 20 x 35 in

Net Weight:

18 kg / 40 lbs

Gross Weight:

22 kg / 47 lbs



SH-G6872

OLYMPIC DECLINE BENCH

Dimensions:

1800 x 1700 x 1185 mm

71 x 67 x 47 in

Net Weight:

66 kg / 146 lbs

Gross Weight:

74 kg / 163 lbs



SH-G6873

OLYMPIC INCLINE BENCH

Dimensions:

1700 x 1410 x 1360 mm

67 x 56 x 54 in

Net Weight:

64 kg / 140 lbs

Gross Weight:

70 kg / 154 lbs



SH-G6878

FLAT BENCH

Dimensions:

1605 x 607 x 400 mm

63 x 24 x 16 in

Net Weight:

23 kg / 51 lbs

Gross Weight:

29 kg / 64 lbs



SH-G6879

ADJUSTABLE ABDOMINAL BENCH

Dimensions:

(1620–1789) x 705 x (930–1190) mm

(64–70) x 28 x (37–47) in

Net Weight:

30 kg / 66 lbs

Gross Weight:

36 kg / 79 lbs



SH-G6883

BARBELL RACK

Dimensions:

860 x 765 x 1450 mm

34 x 30 x 57 in

Net Weight:

82 kg / 181 lbs

Gross Weight:

87 kg / 192 lbs



SH-G6884

TWO-TIER DUMBBELL RACK

Dimensions:

2756 x 685 x 890 mm

109 x 27 x 35 in

Net Weight:

95 kg / 209 lbs

Gross Weight:

99 kg / 218 lbs



SH-G6886

LEG RAISE

Dimensions:

1200 x 860 x 1550 mm

47 x 34 x 61 in

Net Weight:

59 kg / 130 lbs

Gross Weight:

65 kg / 143 lbs



SH-G6888

CHIN DIP LEG RAISE STATION

Dimensions:

1310 x 1170 x 2165 mm

52 x 46 x 85 in

Net Weight:

125 kg / 276 lbs

Gross Weight:

170 kg / 375 lbs



SH-G6890

STRETCHER

Dimensions:

1400 x 690 x 1200 mm

55 x 27 x 47 in

Net Weight:

35 kg / 77 lbs

Gross Weight:

40 kg / 88 lbs



SH-G6891

LAT PULLDOWN/PULLEY ROW

Dimensions:

1680 x 895 x 2250 mm

66 x 35 x 89 in

Net Weight:

230 kg / 507 lbs

Gross Weight:

260 kg / 573 lbs

Weight Stack:

110 kg / 242 lbs





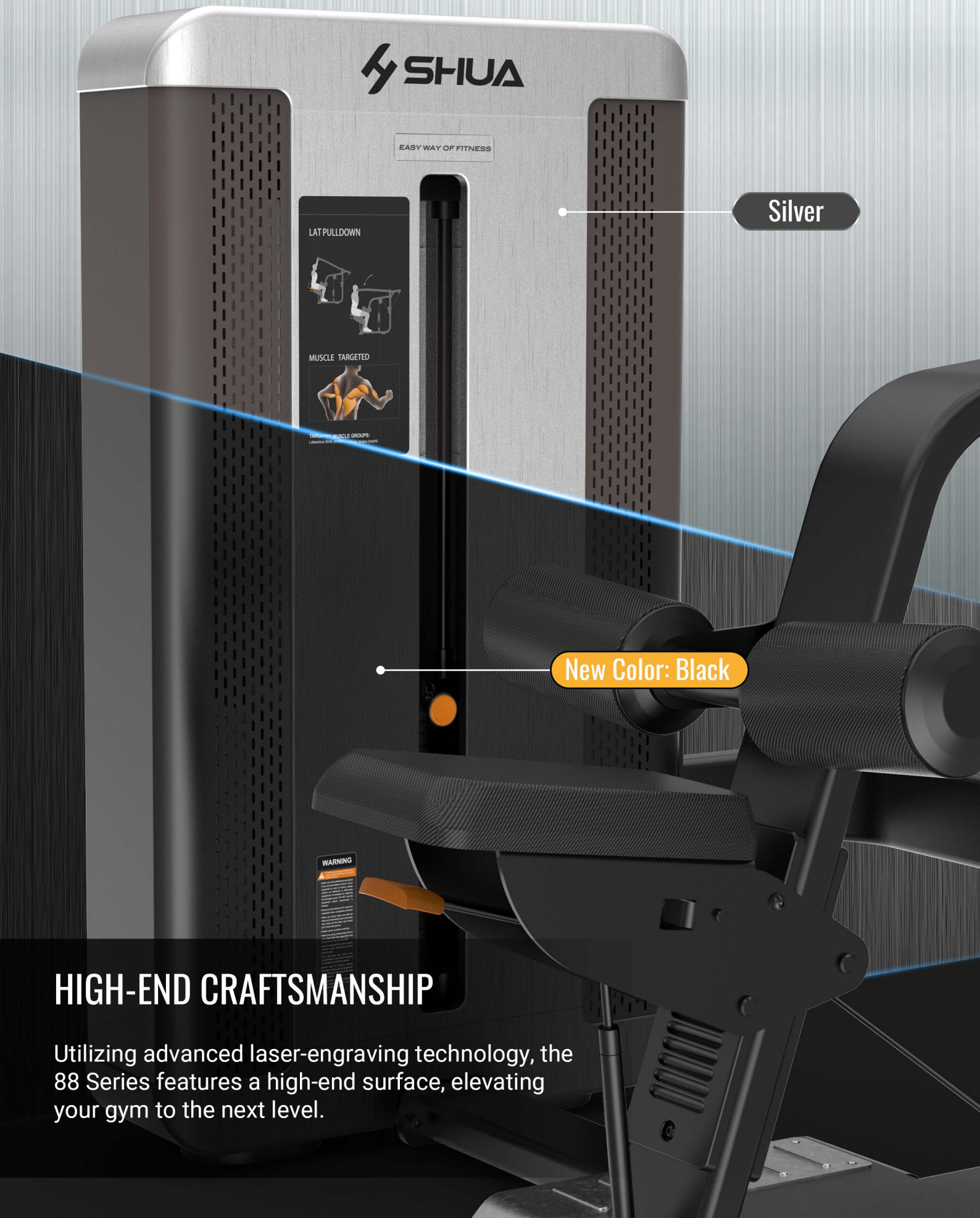
NOW AVAILABLE 88 SERIES

Limited Edition in All Black



A Perfect Combination of Unique
Design and Cutting-Edge Technology

DUAL COLOR OPTIONS: 88 SERIES IN SILVER AND BLACK



SHUA

EASY WAY OF FITNESS

LAT PULLDOWN

MUSCLE TARGETED

TARGETED MUSCLE GROUPS:
Latissimus dorsi, biceps brachii, longissimus thoracis parvulus

Silver

New Color: Black

HIGH-END CRAFTSMANSHIP

Utilizing advanced laser-engraving technology, the 88 Series features a high-end surface, elevating your gym to the next level.



OPTIMAL ERGONOMICS

Designed through the collaboration of expert R&D teams and bodybuilding champions, the 88 Series offers the best trajectory to maximize comfort and exercise efficiency.

ULTIMATE FITNESS EXPERIENCE

T3.0 HIGH-LEVEL TUBE

88 Series strength equipment is made of T3.0 high level material, offering a durable and stable performance.

20 KG
25 KG
30 KG
35 KG
40 KG
45 KG
50 KG
55 KG
60 KG
65 KG
70 KG
75 KG
80 KG

The SHUA logo is located on the upper left side of the machine's main frame. It consists of a stylized lightning bolt icon followed by the word "SHUA" in a bold, sans-serif font.A close-up of the digital display showing the word "COUNT" above the number "028".

COUNT
028

A close-up of the digital display showing the word "TIME" above the number "036".

TIME
036

DATA VISUALIZATION

The electronic system tracks every rep, providing precise feedback to help users make progress more effectively.

EASE OF ADJUSTMENTS

The gas-assisted spring design ensures seamless adjustments, making every change effortless for users.

BATTERY - POWERED DESIGN

More space and more convenience. The 88 Series provides greater ease for gym operators and trainers with its battery-powered design.



88 SERIES

Chest Press

SH-G8801

Length: 1405 mm / 55 in
Width: 1280 mm / 50 in
Height: 1350 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 27 units



Shoulder Press

SH-G8802

Length: 1464 mm / 58 in
Width: 1411 mm / 56 in
Height: 1350 mm / 53 in
Weight Stack: 100 kg / 220 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 30 units



Lat Pulldown

SH-G8803

Length: 1510 mm / 59 in
Width: 1270 mm / 50 in
Height: 1920 mm / 76 in
Weight Stack: 110 kg / 243 lbs

Loading Capacity:
20GP: 15 units / 40HQ: 32 units



Row/Rear Deltoid

SH-G8804

Length: 1385 mm / 55 in
Width: 1285 mm / 51 in
Height: 1350 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 10 units / 40HQ: 24 units



Seated Leg Press

SH-G8805

Length: 1740 mm / 68 in
Width: 1040 mm / 41 in
Height: 1350 mm / 53 in
Weight Stack: 150 kg / 331 lbs

Loading Capacity:
20GP: 13 units / 40HQ: 30 units



Leg Extension

SH-G8806

Length: 1300 mm / 51 in
Width: 1256 mm / 50 in
Height: 1352 mm / 53 in
Weight Stack: 100 kg / 220 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 27 units



88 SERIES

Prone Leg Curl

SH-G8807

Length: 1656 mm / 65 in
Width: 1162 mm / 46 in
Height: 1350 mm / 53 in
Weight Stack: 90 kg / 198 lbs

Loading Capacity:
20GP: 14 units / 40HQ: 30 units



Abductor/Adductor

SH-G8808

Length: 1619 mm / 64 in
Width: 771 mm / 30 in
Height: 1350 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 8 units / 40HQ: 24 units



Hip Thrust

SH-G8809

Length: 1603 mm / 63 in
Width: 1153 mm / 45 in
Height: 1352 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 26 units



Pectoral Fly/Rear Deltoid

SH-G8810

Length: 1520 mm / 60 in
Width: 1320 mm / 52 in
Height: 2010 mm / 79 in
Weight Stack: 100 kg / 220 lbs

Loading Capacity:
20GP: 10 units / 40HQ: 24 units



Back Extension

SH-G8812

Length: 1290 mm / 51 in
Width: 1285 mm / 51 in
Height: 1350 mm / 53 in
Weight Stack: 90 kg / 198 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 24 units



Abdominal

SH-G8814

Length: 1350 mm / 53 in
Width: 1000 mm / 39 in
Height: 1710 mm / 67 in
Weight Stack: 100 kg / 220 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 24 units



88 SERIES

Biceps Curl/Triceps Press

SH-G8815

Length: 1415 mm / 56 in
Width: 1100 mm / 43 in
Height: 1350 mm / 53 in
Weight Stack: 80 kg / 176 lbs

Loading Capacity:
20GP: 15 units / 40HQ: 30 units



Leg Curl/Extension

SH-G8816

Length: 1220 mm / 48 in
Width: 1200 mm / 47 in
Height: 1350 mm / 53 in
Weight Stack: 100 kg / 220 lbs

Loading Capacity:
20GP: 9 units / 40HQ: 24 units



Smith Machine

SH-G8818

Length: 2188 mm / 86 in
Width: 1365 mm / 54 in
Height: 2287 mm / 90 in

Loading Capacity:
20GP: 6 units / 40HQ: 20 units



Functional Trainer

SH-G8820

Length: 940 mm / 37 in
Width: 1660 mm / 65 in
Height: 2240 mm / 88 in
Weight Stack:
2 x 100 kg / 2 x 220 lbs

Loading Capacity:
20GP: 8 units / 40HQ: 25 units



Lateral Raise

SH-G8821

Length: 1260 mm / 50 in
Width: 1110 mm / 44 in
Height: 1343 mm / 53 in
Weight Stack: 90 kg / 198 lbs

Loading Capacity:
20GP: 14 units / 40HQ: 35 units



Abductor

SH-G8823

Length: 1760 mm / 69 in
Width: 1687 mm / 66 in
Height: 1343 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 10 units / 40HQ: 22 units



88 SERIES

Adductor

SH-G8824

Length: 1765 mm / 69 in
Width: 1736 mm / 68 in
Height: 1343 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 10 units / 40HQ: 22 units



Biceps Curl

SH-G8825

Length: 1530 mm / 60 in
Width: 1295 mm / 51 in
Height: 1343 mm / 53 in
Weight Stack: 90 kg / 198 lbs

Loading Capacity:
20GP: 15 units / 40HQ: 35 units



Triceps Press

SH-G8826

Length: 1232 mm / 49 in
Width: 1151 mm / 45 in
Height: 1343 mm / 53 in
Weight Stack: 120 kg / 265 lbs

Loading Capacity:
20GP: 16 units / 40HQ: 32 units



Adjustable Cable Crossover

SH-G8852

Length: 3775 mm / 148 in
Width: 925 mm / 36 in
Height: 2290 mm / 90 in
Weight Stack:
2 x 90 kg / 2 x 198 lbs

Loading Capacity:
20GP: 12 units / 40HQ: 36 units



Squat Rack

SH-G8854

Length: 1840 mm / 72 in
Width: 1670 mm / 66 in
Height: 1840 mm / 72 in

Loading Capacity:
20GP: 12 units / 40HQ: 30 units



Adjustable Dumbbell Bench

SH-G8855

Length: 1660 mm / 65 in
Width: 600 mm / 24 in
Height: 440 mm / 17 in

Loading Capacity:
20GP: 51 units / 40HQ: 125units



88 SERIES

Olympic Weight Tree

SH-G8856

Length: 806 mm / 32 in
Width: 707 mm / 28 in
Height: 937 mm / 37 in

Loading Capacity:
20GP: 50 units / 40HQ: 164 units



Back Extension Bench

SH-G8858

Length: 1175 mm / 46 in
Width: 805 mm / 32 in
Height: 800 mm / 31 in

Loading Capacity:
20GP: 42 units / 40HQ: 100 units



Arm Curl Bench

SH-G8859

Length: 1095 mm / 43 in
Width: 800 mm / 31 in
Height: 970 mm / 38 in

Loading Capacity:
20GP: 24 units / 40HQ: 48 units



Olympic Flat Bench

SH-G8871

Length: 1700 mm / 67 in
Width: 1585 mm / 62 in
Height: 1185 mm / 47 in

Loading Capacity:
20GP: 17 units / 40HQ: 42 units



Utility Bench

SH-G8876

Length: 873 mm / 34 in
Width: 507 mm / 20 in
Height: 883 mm / 35 in

Loading Capacity:
20GP: 48 units / 40HQ: 130 units



Flat Bench

SH-G8878

Length: 1605 mm / 63 in
Width: 607 mm / 24 in
Height: 400 mm / 16 in

Loading Capacity:
20GP: 49 units / 40HQ: 140 units



Adjustable Decline Bench

SH-G8879

Length: 1620 - 1789 mm
64 - 70 in (adjustable)
Width: 705 mm / 28 in
Height: 930 - 1190 mm
37 - 47 in (adjustable)

Loading Capacity:
20GP: 14 units / 40HQ: 42 units



Barbell Rack

SH-G8883

Length: 860 mm / 34 in
Width: 765 mm / 30 in
Height: 1450 mm / 57 in

Loading Capacity:
20GP: 53 units / 40HQ: 135 units



Two Tier Dumbbell Rack

SH-G8884

Length: 2370 mm / 93 in
Width: 685 mm / 27 in
Height: 890 mm / 35 in

Loading Capacity:
20GP: 80 units / 40HQ: 192 units



Chin Dip Leg Raise Station

SH-G8888

Length: 1310 mm / 52 in
Width: 1170 mm / 46 in
Height: 2165 mm / 85 in

Loading Capacity:
20GP: 30 units / 40HQ: 83 units



Stretcher

SH-G8890

Length: 1400 mm / 55 in
Width: 690 mm / 27 in
Height: 1200 mm / 47 in

Loading Capacity:
20GP: 24 units / 40HQ: 57 units





CARDIO

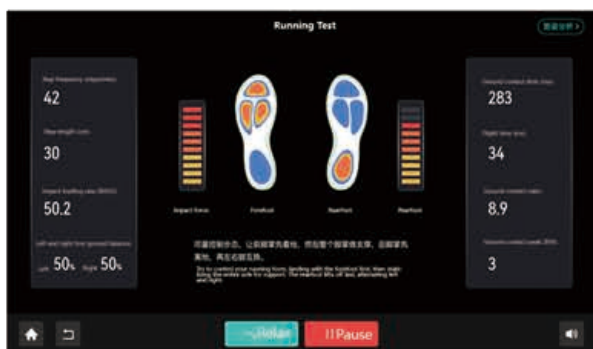
SHUA cardio series encompasses treadmills, elliptical trainers, exercise bikes, and rowing machines. With decades of research in ergonomics and human biomechanics, our cardio products ensure the utmost level of performance, safety, and durability.

9100 SERIES



Dynamic Adaptive Running Deck

The S2* New Variable Resistance Treadmill adopts air pressure dynamic running feel control technology, offering six running feel modes: rubber track, cement pavement, soft soil, asphalt pavement, flat grassland, and intelligent adaptation. With a one-click quick switch, it provides a more tailored running experience for different runners.



Scientific Gait Monitoring

The S2* features an intelligent sensing treadmill that continuously monitors running posture data, including impact force, left-right foot balance, cadence, stride length, and ground contact-to-air time ratio. It provides runners with guidance for posture optimization, supporting scientific running.



Laser Safety Shield

The S2* utilizes ToF (Time of Flight) laser distance sensing technology, combined with ST's third-generation FlightSense algorithm. It features automatic stain calibration and resistance to glass cover interference. The system can monitor whether the runner is within a safe zone. If the runner exceeds the safe range, it triggers a safety alert sound to ensure exercise safety.



Take Your Cardio
to the Next Level

NEW DIGITAL CONTROL SYSTEM

Introducing the SHUA Vital OS Console, a state-of-the-art system that delivers an unparalleled workout experience

Seamlessly syncing with your smartphone, it enhances your workout with personalized routines.

With easy access to essential information, our innovative interface ensures a focused and productive session.

Embark on virtual adventures and explore iconic destinations, all from the VitalOS digital console.



15.6"/21.5" Touch Screen



15.6" Keypad Screen



SH-T9100/SH-T9100T

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 0.5 - 25 km/h

Incline Range: -2 - 18%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2217 × 982 × 1814 mm

87 × 39 × 71 in

Net Weight: 220 kg / 485 lbs

Gross Weight: 260 kg / 573 lbs



SH-T9100

SH-B9100E/SH-B9100ET

COMMERCIAL ELLIPTICAL

Resistance System: Electromagnetic Resistance

Resistance Levels: 40 levels

Heart Rate: Hand-grip Heart Rate

Max User Weight: 180 kg / 397 lbs

Dimensions:

1825 × 872 × 1835 mm

72 × 34 × 72 in

Net Weight: 194 kg / 428 lbs

Gross Weight: 253 kg / 557 lbs

SH-B9100ET
15.6" Touch ScreenSH-B9100E
15.6" LED

SH-B9100R/SH-B9100RT

COMMERCIAL RECUMBENT BIKE

Resistance System: Electromagnetic Resistance

Resistance Levels: 40 levels

Heart Rate: Hand-grip Heart Rate

Max User Weight: 180 kg / 397 lbs

Dimensions:

1663 × 620 × 1400 mm

65 × 24 × 55 in

Net Weight: 103 kg / 227 lbs

Gross Weight: 128 kg / 281 lbs

SH-B9100RT
15.6" Touch ScreenSH-B9100R
15.6" LED

SH-B9100U/SH-B9100UT

COMMERCIAL UPRIGHT BIKE

Resistance System: Electromagnetic Resistance

Resistance Levels: 40 levels

Heart Rate: Hand-grip Heart Rate

Max User Weight: 180 kg / 397 lbs

Dimensions:

1123 × 675 × 1506 mm

44 × 27 × 59 in

Net Weight: 79 kg / 174 lbs

Gross Weight: 100 kg / 219 lbs

SH-B9100UT
15.6" Touch ScreenSH-B9100U
15.6" LED

SH-S8901

Stair Climber **NEW**

Step Up to the Future – The All-New SHUA Fitness Stair Climber: Innovation Powers Every Step, Maximizes Engagement, and Redefines Cardio Excellence.



SH-S8901

STAIR CLIMBER

Resistance System: Electromagnetic Resistance

Resistance Levels: 40 levels

Heart Rate: Hand-grip Heart Rate

Max User Weight: 180 kg / 397 lbs

Dimensions:

1357 × 905 × 2230 mm

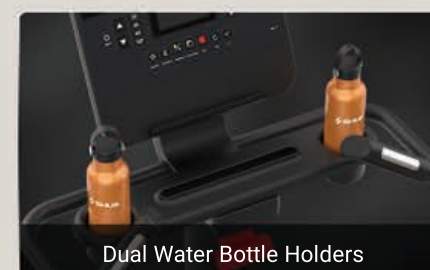
53 x 36 x 88 in

Net Weight: 154 kg / 339 lbs

Gross Weight: 200 kg / 441 lbs



SH-S8901
15.6" LED



Dual Water Bottle Holders



Wireless Charging Module



iPad Stand





SH-T8919/SH-T8919T

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 0.8 - 20 km/h / 0.5 - 12.4 mph

Incline Range: -3 - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570 mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2190 × 970 × 1600 mm

86 × 38 × 63 in

Net Weight: 191 kg / 421 lbs

Gross Weight: 243 kg / 536 lbs



SH-T8919T22

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 0.8 - 20 km/h / 0.5 - 12.4 mph

Incline Range: -3 - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570 mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2190 × 970 × 1600 mm

86 × 38 × 63 in

Net Weight: 191 kg / 421 lbs

Gross Weight: 243 kg / 536 lbs



SH-T850T

COMMERCIAL TREADMILL

Drive System:

5.0 HP AC Dynamic Response Drive System

Speed Range: 1.0 - 20 km/h / 0.6 - 12.4 mph

Incline Range: 0% - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

520 × 1450 mm / 20 × 57 in

Max User Weight: 150 kg / 331 lbs

Dimensions(L×W×H):

1960 × 850 × 1573 mm

77 × 33 × 62 in

Net Weight: 135 kg / 298 lbs

Gross Weight: 158 kg / 348 lbs



SH-T6500S

COMMERCIAL TREADMILL

Drive System:

5.0 HP AC Dynamic Response Drive System

Speed Range: 1.0 - 20 km/h / 0.6 - 12.4 mph

Incline Range: 0% - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

520 × 1450 mm / 20 × 57 in

Max User Weight: 145 kg / 320 lbs

Dimensions(L×W×H):

1960 × 850 × 1520 mm

77 × 33 × 60 in

Net Weight: 130 kg / 287 lbs

Gross Weight: 153 kg / 337 lbs



SH-T860

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 1.0~20km/h / 0.6~12.4 mph

Incline Range: -3 - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570 mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2190 × 960 × 1580 mm

86 × 38 × 62 in

Net Weight: 198 kg / 437 lbs

Gross Weight: 247 kg / 545 lbs



SH-T5918

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 0.8~20km/h / 0.5~12.4 mph

Incline Range: -3% - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570 mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2190 × 960 × 1580 mm

86 × 38 × 62 in

Net Weight: 198 kg / 437 lbs

Gross Weight: 247 kg / 545 lbs



SH-T860T

COMMERCIAL TREADMILL

Drive System:

6.0 HP AC Dynamic Response Drive System

Speed Range: 1.0~20km/h / 0.6~12.4 mph

Incline Range: -3 - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

580 × 1570 mm / 23 × 62 in

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2190 × 960 × 1580 mm

86 × 38 × 62 in

Net Weight: 198 kg / 437 lbs

Gross Weight: 247 kg / 545 lbs



SH-T860T
15.6" Touch Screen

SH-T8700

COMMERCIAL TREADMILL

Drive System:

5.0 HP AC Dynamic Response Drive System

Speed Range: 1.0 - 20 km/h / 0.6 - 12.4 mph

Incline Range: 0% - 15%

Heart Rate:

Hand-grip Heart Rate

Wireless Heart Rate

Running Surface Area:

520 × 1450 mm / 20 × 57 in

Max User Weight: 150 kg / 331 lbs

Dimensions(L×W×H):

2030 × 910 × 1530 mm

80 × 36 × 60 in

Net Weight: 136.5 kg / 301 lbs

Gross Weight: 168.5 kg / 372 lbs



UNLEASH YOUR POWER WITH THE SELF-POWERED CURVED TREADMILL

- Eco-Friendly** – No electricity, fully powered by you.
- Full-Body Workout** – Engage every muscle with each stride.
- Adjustable Intensity** – Control your speed, fit for all levels.
- Low Impact, High Burn** – Easy on joints, tough on calories.
- Curved Design** – Promotes natural stride, full speed control, and pure athlete-driven performance.



SH-T901Z

SELF-POWERED CURVED TREADMILL

- Magnetic Resistance:** 8 levels
- Heart Rate:**
Wireless Heart Rate
- Running Surface Area:**
480 × 1500 mm / 19 × 59 in
- Max User Weight:** 180 kg / 397 lbs
- Dimensions(L×W×H):**
2343 × 964 × 1525 mm
92 × 38 × 60 in
- Net Weight:** 182 kg / 400 lbs
- Gross Weight:** 239 kg / 527 lbs



SH-E800

COMMERCIAL ELLIPTICAL

Resistance System: Electromagnetic Resistance

Resistance Levels: 32 levels

Heart Rate: Hand-grip Heart Rate

Max User Weight: 160 kg / 353 lbs

Dimensions:

1900 × 850 × 1760 mm

75 × 33 × 69 in

Net Weight: 130 kg / 287 lbs

Gross Weight: 150 kg / 330 lbs



SH-B8860SL

COMMERCIAL SPINNING BIKE

Fly Wheel: 23 kg / 51 lbs

Display Console : LCD

Resistance System:

Electromagnetic Resistance System

Max User Weight: 150 kg / 331 lbs

Dimensions(L×W×H):

1210 × 540 × 1200 mm

48 × 21 × 47 in



SH-R8100

COMMERCIAL ROWER

Resistance System:

Magnetic Resistance + Air Resistance

Resistance Levels: 16 levels

Max User Weight: 150 kg / 331 lbs

Dimensions(L×W×H):

2415 × 545 × 840 mm

95 × 21 × 33 in

Net Weight: 48 kg / 106 lbs

Gross Weight: 51 kg / 111 lbs



SH-R8800

COMMERCIAL ROWER

Resistance System:

Magnetic Resistance + Air Resistance

Resistance Levels: 20 levels

Max User Weight: 180 kg / 397 lbs

Dimensions(L×W×H):

2400 × 490 × 1100 mm

94 × 19 × 43 in

Net Weight: 60 kg / 132 lbs

Gross Weight: 68 kg / 150 lbs





77 SERIES

77 series unveils a groundbreaking fusion of selectorized and plate-loaded dual-weight systems, seamlessly integrated into an eye-catching X-shaped design. Crafted to meet the diverse needs of both starters and seasoned athletes, the 77 Series stands as a testament to cutting-edge engineering and uncompromising performance.



Dual-Weight Systems

Featuring a pioneering combination of selectorized and plate-loaded dual-weight systems, coupled with a split-type design that allows for unilateral training.



X-Shaped Innovative Design

Distinguished by its unmistakable X-shaped silhouette, the 77 Series combines a stylish aesthetic with enhanced stability, making your gym stand out from the crowd.

SH-G7701

HYBRID CHEST PRESS

Dimensions:

1690 x 1840 x 1740 mm

67 x 72 x 69 in

Net Weight:

323 kg / 712 lbs

Gross Weight:

365 kg / 805 lbs

Weight Stack:

100 kg / 220 lbs



SH-G7703

HYBRID LAT PULLDOWN

Dimensions:

1525 x 1420 x 1980 mm

60 x 56 x 78 in

Net Weight:

200 kg / 441 lbs

Gross Weight:

250 kg / 551 lbs

Weight Stack:

100 kg / 220 lbs



SH-G7702

HYBRID PECTORAL FLY

Dimensions:

1800 x 1950 x 1480 mm

71 x 77 x 58 in

Net Weight:

285 kg / 628 lbs

Gross Weight:

320 kg / 706 lbs

Weight Stack:

80 kg / 176 lbs



SH-G7704

HYBRID SEATED ROW TRAINER

Dimensions:

1495 x 1425 x 1930 mm

59 x 56 x 76 in

Net Weight:

289 kg / 637 lbs

Gross Weight:

360 kg / 794 lbs

Weight Stack:

100 kg / 220 lbs



SH-G7705

HYBRID SHOULDER PRESS

Dimensions:

1895 x 1635 x 1480 mm

75 x 64 x 58 in

Net Weight:

305 kg / 672 lbs

Gross Weight:

350 kg / 772 lbs

Weight Stack:

80 kg / 176 lbs



SH-G7707

HYBRID LEG PRESS

Dimensions:

1525 x 1680 x 1480 mm

60 x 66 x 58 in

Net Weight:

310 kg / 683 lbs

Gross Weight:

370 kg / 816 lbs

Weight Stack:

90 kg / 198 lbs



SH-G7706

HYBRID LATERAL RAISE

Dimensions:

1200 x 1510 x 1480 mm

47 x 59 x 58 in

Net Weight:

205 kg / 452 lbs

Gross Weight:

240 kg / 529 lbs

Weight Stack:

80 kg / 176 lbs



SH-G7708

HYBRID LEG EXTENSION

Dimensions:

1600 x 1030 x 1480 mm

63 x 41 x 58 in

Net Weight:

251 kg / 553 lbs

Gross Weight:

300 kg / 661 lbs

Weight Stack:

100 kg / 220 lbs



SH-G7709

HYBRID PRONE LEG CURL

Dimensions:

1670 x 1295 x 1480 mm

66 x 51 x 58 in

Net Weight:

243 kg / 536 lbs

Gross Weight:

278 kg / 613 lbs

Weight Stack:

100 kg / 220 lbs



SH-G7710

HYBRID REAR KICK

Dimensions:

1350 x 1030 x 1480 mm

53 x 41 x 58 in

Net Weight:

230 kg / 507 lbs

Gross Weight:

260 kg / 573 lbs

Weight Stack:

80 kg / 176 lbs



**PUSH LIMITS,
UNLOCK POTENTIAL**

69 SERIES

69 Plate-loaded Series, where ergonomic design, top-tier durability, and unmatched user experience converge seamlessly. Designed for individuals seeking to push their limits and achieve a higher level of strength training.



Optimized Muscle Activation

With exceptional human biomechanical design, 69 Series offers the perfect movement trajectory and distribution of resistance, maximizing muscle activation.



Precision Manufacturing

69 Series is crafted with meticulous precision, guaranteeing stability and safety throughout the exercise trajectory, delivering the ultimate strength training experience for users.



User-friendly Design

Products in the 69 series are designed with cleverly integrated features, prioritizing user experience to ensure exercisers enjoy a comfortable and efficient workout.



SH-G6901

ISO-LATERAL CHEST PRESS

Dimensions:

1770 x 1450 x 1935 mm

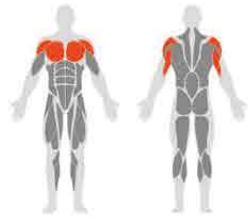
70 x 57 x 76 in

Net Weight:

200 kg / 441 lbs

Gross Weight:

235 kg / 518 lbs



SH-G6903

ISO-LATERAL LAT PULLDOWN

Dimensions:

1560 x 1530 x 1880 mm

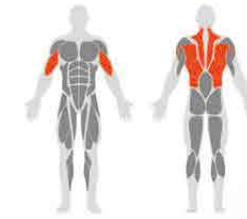
61 x 60 x 74 in

Net Weight:

145 kg / 320 lbs

Gross Weight:

165 kg / 364 lbs



SH-G6902

ISO-LATERAL LEVERAGE DECLINE CHEST PRESS

Dimensions:

1840 x 1555 x 1290 mm

72 x 61 x 51 in

Net Weight:

120 kg / 265 lbs

Gross Weight:

145 kg / 320 lbs



SH-G6904

ISO-LATERAL ROW

Dimensions:

1299 x 1160 x 1219 mm

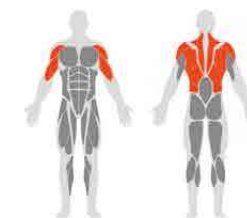
51 x 46 x 48 in

Net Weight:

130 kg / 287 lbs

Gross Weight:

178 kg / 392 lbs



SH-G6905

ISO-LATERAL SHOULDER PRESS

Dimensions:

1920 x 1385 x 1315 mm

76 x 55 x 52 in

Net Weight:

157 kg / 346 lbs

Gross Weight:

202 kg / 445 lbs



SH-G6907

ISO-LATERAL TRICEPS PRESS

Dimensions:

1310 x 1170 x 1170 mm

52 x 46 x 46 in

Net Weight:

111 kg / 245 lbs

Gross Weight:

151 kg / 333 lbs



SH-G6906

ISO-LATERAL BICEPS CURL

Dimensions:

1985 x 1195 x 1135 mm

78 x 47 x 45 in

Net Weight:

101 kg / 223 lbs

Gross Weight:

141 kg / 311 lbs



SH-G6908

ISO-LATERAL LEG EXTENSION

Dimensions:

1480 x 1415 x 1075 mm

58 x 56 x 42 in

Net Weight:

105 kg / 231 lbs

Gross Weight:

135 kg / 298 lbs



SH-G6909

ISO-LATERAL KNEELING LEG CURL

Dimensions:

1515 x 1205 x 1390 mm

60 x 47 x 55 in

Net Weight:

109 kg / 240 lbs

Gross Weight:

145 kg / 320 lbs



SH-G6911

REAR KICK

Dimensions:

1435 x 1210 x 1560 mm

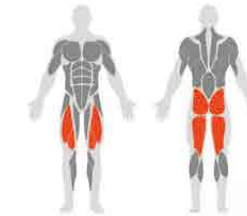
57 x 48 x 61 in

Net Weight:

90 kg / 198 lbs

Gross Weight:

110 kg / 243 lbs



SH-G6910

SEATED CALF RAISE

Dimensions:

1560 x 575 x 990 mm

61 x 23 x 39 in

Net Weight:

60 kg / 132 lbs

Gross Weight:

75 kg / 165 lbs



SH-G6912

STRETCHER

Dimensions:

1885 x 1145 x 1045 mm

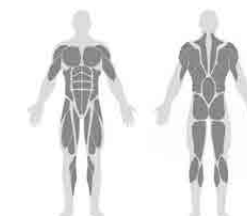
74 x 45 x 41 in

Net Weight:

95 kg / 209 lbs

Gross Weight:

109 kg / 240 lbs



SH-G6913

V SQUAT

Dimensions:

1760 x 1445 x 1620 mm

69 x 57 x 64 in

Net Weight:

174 kg / 384 lbs

Gross Weight:

220 kg / 485 lbs



SH-G6915

ABDOMINAL OBLIQUE CRUNCH

Dimensions:

1420 x 1150 x 1720 mm

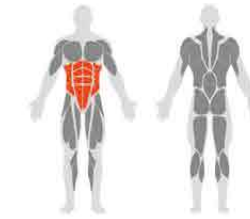
56 x 45 x 68 in

Net Weight:

125 kg / 276 lbs

Gross Weight:

150 kg / 331 lbs



SH-G6914

LINEAR HACK PRESS

Dimensions:

1650 x 1050 x 1160 mm

65 x 41 x 46 in

Net Weight:

190 kg / 419 lbs

Gross Weight:

240 kg / 529 lbs



SH-G6916

MULTI-FUNCTIONAL STRETCH TRAINER

Dimensions:

1980 x 1100 x 630 mm

78 x 43 x 25 in

Net Weight:

200 kg / 441 lbs

Gross Weight:

250 kg / 551 lbs



**BREAK THROUGH YOUR LIMITS
UNLOCK YOUR POTENTIAL**



89 SERIES

89 series encompasses both free weight and plate-loaded equipment, meticulously developed to meet high-intensity functional and strength training needs of professional athletes, military personnel, and elite trainers.



Optimal Muscle Engagement

Various plate-loaded products in the 89 Series incorporate designs such as split-type designs and multiple grips. These designs are engineered to assist trainers in achieving targeted and comprehensive muscle activation.



Unparalleled Quality

Crafted from premium-grade steel and rigorously tested beyond industry standards by 7 to 10 times, each product in the 89 Series is engineered to withstand the toughest of workouts.

SH-G8901

HALF RACK

Dimensions:

1510 x 1675 x 2465 mm

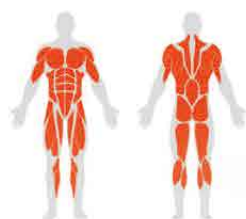
59 x 66 x 97 in

Net Weight:

210 kg / 463 lbs

Gross Weight:

236 kg / 520 lbs



SH-G8903

COMPREHENSIVE POWER RACK

Dimensions:

2940 x 1680 x 2465 mm

1160 x 660 x 970 in

Net Weight:

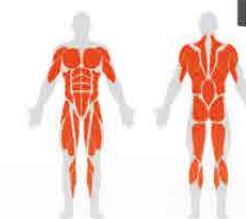
595 kg / 1312 lbs

Gross Weight:

624 kg / 1375 lbs

Weight Stack:

2 x 97 kg / 2 x 214 lbs



SH-G8902

POWER RACK

Dimensions:

2010 x 1770 x 2465 mm

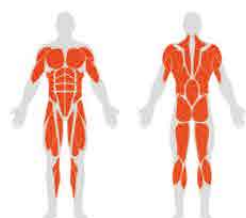
79 x 70 x 97 in

Net Weight:

315 kg / 694 lbs

Gross Weight:

345 kg / 760 lbs



SH-Q8901/Q8902/Q8903

WEIGHTLIFTING PLATFORM (40MM/80MM)

Rubber Pads:

500 x 500 x 30 mm

20 x 20 x 1 in

500 x 250 x 30 mm

20 x 10 x 1 in

Beech Boards:

2000 x 1000 x 40 mm / 2000 x 1000 x 80 mm

79 x 39 x 2 in / 79 x 39 x 3 in

1840 x 1122 x 40 mm / 1840 x 1122 x 80 mm

72 x 44 x 2 in / 72 x 44 x 3 in

2000 x 750 x 50 mm (2 pieces) / 2000 x 750 x 50 mm (2 pieces)

79 x 30 x 2 in (2 pieces) / 79 x 30 x 2 in (2 pieces)



SH-G8904

PUSH SLED

Dimensions:

1165 x 820 x 965 mm

45 x 32 x 38 in

Net Weight:

43 kg / 95 lbs

Gross Weight:

49 kg / 108 lbs



SH-G8906

FLAT DUMBBELL RACK

Dimensions:

1300 x 860 x 820 mm

51 x 34 x 32 in

Net Weight:

82 kg / 181 lbs

Gross Weight:

89 kg / 196 lbs



SH-G8905

KETTLEBELL RACK

Dimensions:

2510 x 644 x 726 mm

99 x 25 x 29 in

Net Weight:

88 kg / 194 lbs

Gross Weight:

95 kg / 210 lbs



SH-G8909

LUNGE MACHINE

Dimensions:

725 x 665 x 515 mm

29 x 26 x 20 in

Net Weight:

17 kg / 39 lbs

Gross Weight:

21 kg / 46 lbs



SH-G8911

GROUND BASE JAMMER

Dimensions:

1885 x 1445 x 2230 mm

74 x 57 x 88 in

Net Weight:

180 kg / 397 lbs

Gross Weight:

265 kg / 584 lbs



SH-G8913

ISO-LATERAL SHOULDER PRESS

Dimensions:

2130 x 1210 x 2100 mm

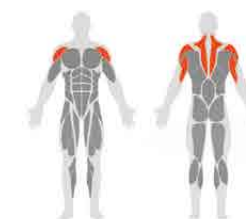
84 x 48 x 83 in

Net Weight:

253 kg / 558 lbs

Gross Weight:

313 kg / 690 lbs



SH-G8912

ISO-LATERAL CHEST PRESS

Dimensions:

1435 x 1750 x 2090 mm

57 x 69 x 82 in

Net Weight:

235 kg / 518 lbs

Gross Weight:

295 kg / 650 lbs



SH-G8914

SQUAT LUNGE

Dimensions:

1655 x 1620 x 770 mm

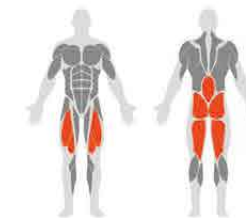
65 x 64 x 30 in

Net Weight:

116 kg / 256 lbs

Gross Weight:

154 kg / 339 lbs



SH-G8919

ISO-LATERAL LINEAR LEG PRESS

Dimensions:

2580 x 1420 x 1480 mm

102 x 56 x 58 in

Net Weight:

540 kg / 1190 lbs

Gross Weight:

620 kg / 1367 lbs



SH-G8924

GLUTE HAM BENCH

Dimensions:

1600 x 1030 x 1260 mm

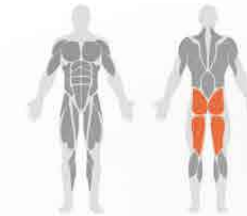
63 x 41 x 50 in

Net Weight:

208 kg / 458 lbs

Gross Weight:

245 kg / 540 lbs



SH-G8923

LEG CURL

Dimensions:

1785 x 615 x 655 mm

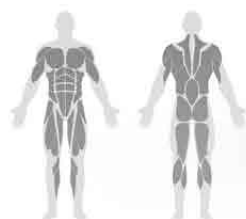
70 x 24 x 26 in

Net Weight:

58 kg / 128 lbs

Gross Weight:

81 kg / 178 lbs



SH-G8925

MULTIFUNCTIONAL PLANE DEVELOPER

Dimensions:

1765 x 1400 x 800 mm

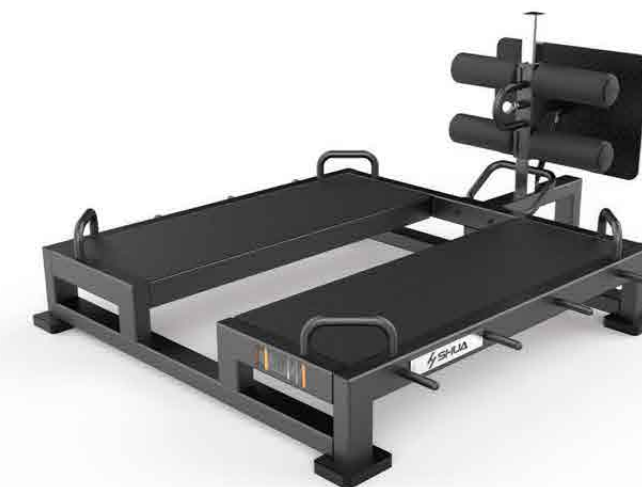
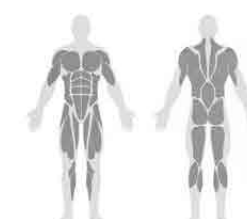
69 x 55 x 32 in

Net Weight:

91 kg / 200 lbs

Gross Weight:

125 kg / 275 lbs



SH-G8926

SEAL ROW BENCH

Dimensions:

1776 x 1287 x 1084 mm

70 x 51 x 43 in

Net Weight:

170 kg / 375 lbs

Gross Weight:

209 kg / 460 lbs



SH-G8928

GLUTE TRAINER

Dimensions:

1791 x 1562 x 807 mm

71 x 62 x 32 in

Net Weight:

189 kg / 417 lbs

Gross Weight:

212 kg / 467 lbs



SH-G8927

ISO-LATERAL LAT PULLDOWN

Dimensions:

1750 x 1620 x 2140 mm

69 x 64 x 84 in

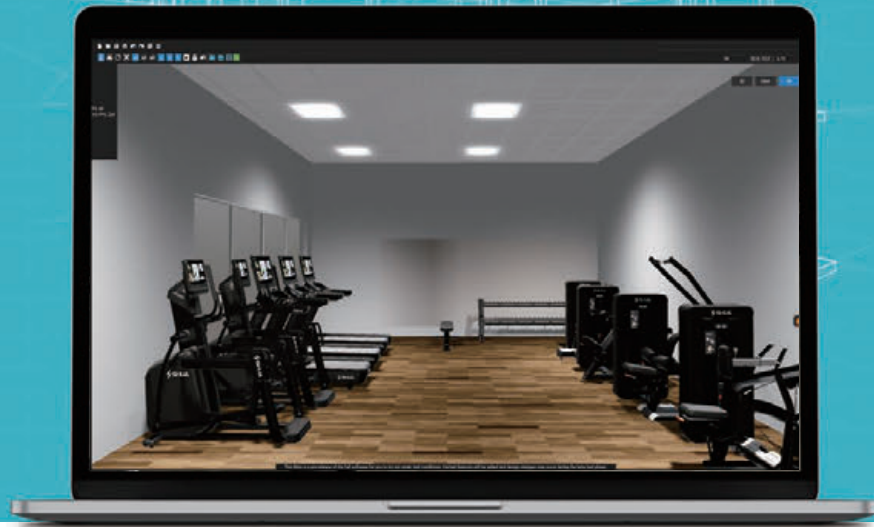
Net Weight:

208 kg / 458 lbs

Gross Weight:

258 kg / 569 lbs





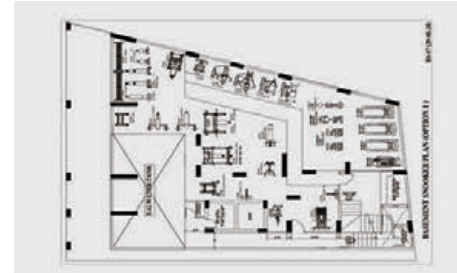
SHUA 3D DESIGN SERVICES

SHUA is committed to helping clients bring their vision to life with the support of a dedicated team of professionals and advanced 3D design services. By leveraging cutting-edge technology, SHUA enables clients to visualize their spaces in detail, ensuring every element is planned and tailored to perfection.

From the initial concept to the final layout, SHUA provides comprehensive solutions designed to optimize interior spaces with creativity and efficiency. Whether it's a commercial gym, a home workout area, or a specialized fitness facility, SHUA delivers layouts that are functional, innovative, and aligned with each client's unique goals.

With a focus on personalized service, SHUA works closely with clients to understand their needs and preferences, ensuring every project is a true reflection of their vision. Through this collaborative approach, SHUA creates spaces that inspire and enhance the fitness experience.

► 2D LAYOUT



► 3D LAYOUT



